

# SUSTAINABILITY REPORT 2022



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### **GENERAL MANAGER'S INTRODUCTION**



In 2020, Businesses across the globe were struck from COVID-19 and we all had to revamp the way we did business after the COVID-19 pandemic. Worthing Court was closed from April 1st 2020 however from May 7th we were the first hotel to open our doors to assist the Ministry of Health with housing COVID related persons or persons in need of quarantining.

Since then, we have received a contract via the QEH to accommodate the Cuban Nurses who have come to assist our country during the pandemic and nurses shortages.

Our company continues to track our water and energy usage for the last calendar year and through these daily/monthly and annual reports we have made positive improvements by ensuring we eliminate wastage and increasing our revenues.

We stand committed to following through with our "Green" initiatives and look forward to the next year!



### WORTHING COURT'S INTRODUCTION



Worthing Court Apartment Hotel, located in Worthing Main Road, Christ Church and is a 37 self catering apartment hotel.

Our rooms are divided into Standard Studios, Superior Studios, Junior One Bedrooms and One Bedroom Suites.

Each room offers our guests and in room safe, flat screen TV, telephone, en-suite bathroom. Our property has a swimming pool and restaurant on site, which is leased out to "Hott Pott", a games room, gym, hospitality room and meeting room.

Worthing Court Apartment Hotel has 9 staff members and are primarily accommodating the Cuban nurses for the last two years, but have rooms available for sale directly, and with online operators.

Our hotel understands that before we analysis any performance, we must set reasonable policies so we can achieve our goals. Worthing Court Apartment Hotel has 4 policies:

Sustainability Policies - Service

Sustainability Policies - Human Rights

Sustainability Policies - Community

Sustainability Policies - Culture



### **SUSTAINABILITY POLICIES: SERVICE**

Worthing Court Apartment Hotel is committed to ensuring that all issues are dealt with quickly and service all matters to the Supervisor or Management Level and commit to ensure that our guests safety is of utmost importance.

We aim to achieve these goals by ensuring our team follow our Standard of Service document which we use as a constant training tool. In the attached folder you would find a detailed review on our front of house and back of house operations.

Each member of staff was taught and trained by a professional trainer and these standards were developed with our team, making the standards realistic and practical!



### **SUSTAINABILITY POLICIES: HUMAN RIGHTS**

Respect for human rights is fundamental to the sustainability of Worthing Court Apartment Hotel and the community in which we operate. We are committed to ensuring that people are treated with dignity and respect.

### **Respect for Human Rights**

Worthing Court Apartment Hotel respects human rights. It is committed to identify, prevent, and mitigate adverse human rights impacts resulting from or caused by our business activities before or if they occur through human rights due diligence and mitigation processes.

### **Valuing Diversity**

The Company values the diversity of the people with whom we work and the contributions they make. We have a long-standing commitment to equal opportunity and intolerance of discrimination and harassment. We are dedicated to maintaining workplaces that are free from discrimination or harassment on the basis of race, sex, color, national or social origin, religion, age, disability, sexual orientation, political opinion or any other status protected by applicable law. Regardless of personal characteristics or status, the Company does not tolerate disrespectful or inappropriate behavior, unfair treatment or retaliation of any kind. Harassment is unacceptable in the workplace and in any work-related circumstance outside the workplace. These principles apply not only to Company employees but also to the business partners with whom we work.

### Safe and Healthy Workplace

The Company provides a safe and healthy workplace and complies with applicable safety and health laws, regulations and internal requirements. We are dedicated to maintaining a productive workplace by minimizing the risk of accidents, injury and exposure to health risks. We are committed to engaging with our employees to continually improve health and safety in our workplaces, including the identification of hazards and remediation of health and safety issues.

### **Workplace Security**

The Company is committed to maintaining a workplace that is free from violence, harassment, intimidation and other unsafe or disruptive conditions due to internal and external threats.

### Forced Labor and Human Trafficking

The Company prohibits the use of all forms of forced labor, and any form of human trafficking.

### **Child Labor**

The Company prohibits the hiring of individuals that are under 18 years of age for positions in which hazardous work is required.

### **Work Hours, Wages**

The Company compensates employees competitively relative to the industry and local labor market. We operate in full compliance with applicable wage, work hours and overtime.



### **SUSTAINABILITY POLICIES: COMMUNITY**

Worthing Court Apartment Hotel is committed to working with our community. We recognize the importance of the impacts of our business, our staff and our neighbourhood. We commit that our business will have a positive impact for our local community. Worthing Court Apartment Hotel ensures that it manages it use of water, energy and chemicals in order to safeguard our neighbours and our beautiful island.

Worthing Court Apartment Hotel supports a local charity in Barbados called the Variety Club, also known as the Children's charity of Barbados. The Charity is dedicated to improving the lives of our children who are mentally, physically or socially disadvantages. The Aunty Olga Memorial School Aid Program, supported by the Variety Club provides school uniforms, books, backpacks, and school supplies to over 300 children from 200 families across Barbados, giving them an equal opportunity at education.



## WORTHING COURT'S SUSTAINABILITY PROGRAM

In today's competitive hospitality industry, if our hotel does not have a comprehensive sustainability program in place, then we will be at a disadvantage. A competitive advantage will be earned by those that implement strategic sustainability initiatives, such as advanced energy and water saving technologies that reduce costs, increase revenue, and improve guest experiences.

Worthing Court's sustainability program is managed by the General Manager, Alicia Farmer and assistance and coordination by the Assistant Manager Mrs. Lewis-Scott, and our Maintenance team - Losten Burrowes.

We work with our local communities - the Variety club where we sponsor the Aunty Olga's Foundation, I Love this Rock and we are a member of the Barbados Hotel and TourismAssociation - both of which are our main stakeholders.

Our Key Environmental and Social issues for our business include the following sustainable policies:

Legislation - Human Rights, Labour and Human Resources

Energy

Water

Waste

Hazardous Substances

Local Community, Suppliers and Customers



## LEGISLATION, HUMAN RIGHTS, LABOUR & HUMAN RESOURCES

### Overview

Worthing Court Apartment Hotel takes a very serious interest in ensuring our team are fairly treated, giving the necessary training to ensure our staff our trained to spot when any human rights are being exploited and the right channels to report such instances. In addition, we as a company respect and follow the legislation in Barbados and ensure our team has a fair and open door policy to dealing with issues.

#### **Actions Taken**

All of our hotel staff are given their welcome packages, along with an HR package which they all must sign to confirm having receipt. We ensure that our employee rights are balanced equally with our island legislation acts to provide our staff with a staff and welcoming environment.

### **Performance**

We have been able to establish long standing staff and reduced the amount of staff turnover at our hotel. We now have over 95% of our team with us for 10+ years.

Our training of our team has assisted us in providing standardization across all departments and our group of hotels, it also motivated our team members and most of the training was practical and the extra evaluations and assessments enhanced communication across all levels in the team.

### **Targets and Objectives**

Continue to offer our staff training on all levels to keep the positive moral and momentum going.



### **ENERGY REPORTS**

### Overview

Reducing our energy in our hotel is a massive priority and one which we analyze constantly.

#### **Actions Taken**

Training our staff was a key role in ensuring our property conserved energy. In the past ACs and lights were left on for our guests for their arrival when the room attendant cleaned the room. Now we ensure, especially for late arrivals that this is done closer to check in time to save on our energy costs.

We ensure to communicate this to our guests as well, through our in room guides, and notices behind our guest room doors. We have also displayed our efforts on our website -

https://www.worthingcourt.com/news/23-worthing-court-hotel-achieves-prestigious-travelife-gold-certification.html

Finally, every month we record our costs and evaluate the changes on a month by month and year to date basis. We do take into consideration our occupancy levels and any price increases we have experienced throughout the year.

### **Performance**

Though our guest nights increased in 2021 vs 2020 by 4,458 room nights, we were able to save our overall KWH usage. In 2020, we used 35.42KWH per guest night and in 2021 we used 28.72KWh per guest night. In 2020 - our electricity costs were Bds\$108,513.59 & we had an average of 5,771 room nights and we used 204,418 KW/hr. In 2021 - our electricity costs were Bds\$168,871.69 & we had an average of 9,953 room nights and we used 285,812 KW/hr.



### **ENERGY REPORTS**

### Targets and Objectives

Area	Action
Lighting	At Worthing Court we use energy saving light
	bulbs throughout the hotel.
	There are notices in all of the guest rooms.
Kitchen	All staff are trained to switch on equipment only
	when it is needed.
	There is a schedule rotation that is done every
	day to ensure that all the equipment is working
	efficient.
Heating / Air Conditioning	Room attendants are assigned to check the units
	to switched them off in the inactive areas of the
	hotel.
	We have recycling bins around the property and
	signs.
Laundry	In each guest room we have a booklet where
	states the environmental impact and by giving
	them the option of charging their bed linen and
	towels every day. Guests are briefed about on arrival.
Facilities	All electrical equipments are safely switched off
	during inactive hours of operation.
Housekeeping & Guests Rooms	There are memos that are placed in each guest
	room allowing guests to know about the policies
	on towels use and saving energy.
Staff Room & Accommodation	All of the staff are aware and briefed to ensure
	they save energy in all the areas of the property,
	including in the staff room and guests rooms.
Administrative Office	We in the office recycle paper, ink toners are sent
	back to a company to recycle where applicable.



### **WATER REPORTS**

#### **Overview**

We have experienced severe water shortages in Barbados and on the South Coast over the past few years. Over the last few years we have seen a drastic increase in our water rates within the hotels and we continue to monitor and put procedures in place to reduce wastage of water.

#### **Actions Taken**

Water Consumption areas on our property include: Public Restrooms, Pool, Kitchen and Restaurant, Guest Rooms, Gardens. The first method of saving water is to train our staff! They are all aware of our Travelife program when they are highered and they are given an Employee Manual which states our hotel's standards and goals. So they are aware that we do not waste water. Our maintenance team ensures all of our taps have aerators.

We also have in each room a notice in our bathrooms about conserving water. As our guests' dynamic has changed, we only service the guest rooms once a week.

### **Performance**

The cost per guest in 2021 dropped by \$0.26/guest vs 2020! In 2020 - our water bills were Bds\$47,841.11 & we had an average of 5,771 room nights In 2021 - our water bills were Bds\$52,701.14 & we had an average of 9,997 room nights



### **WATER REPORTS**

### Targets and Objectives

Area	Action
General	Signs are places in our guest rooms
	Staff are advised through their orientation documents we give them.
Taps (public restrooms, guests rooms)	Installations of water-saving devices including flow restrictors/aerators are installed in most rooms.
Towel and linen reuse	In each guest rooms there is a memo to encourage the reuse of towels and / or linen.
	All the towels and bed linen that are sent to the laundry is monitored and recorded.
	The environmental impact and explanation where guests should leave towels for reuse.
Pools	The Pool maintenance team maximizes the minimum amount of water that is used (including for backwashing filters)
	All pool work is recorded and staff working in this area are trained to use equipment efficiently, as well as reminded to save water.
Gardens	Gardens are done at the coolest time of the day to avoid evaporation.
	Gardens are watered manually.



### **WASTE REPORTS**

#### Overview

Reducing our waste is an essential part of going green and we have installed recycling bins throughout our hotel for our guests to recycle. We try to recycle our waste by giving our team an incentive. Our team members that clean the room - separate the waste, where necessary and we allow then to use the plastic bottles for example to obtain their cash back. This helps the hotel environment and gives them the incentive to work towards recycling.

#### **Actions Taken**

Our team members that clean the room - separate the waste, where necessary and we allow then to use the plastic bottles for example to obtain their cash back. This helps the hotel environment and gives them the incentive to work towards recycling.

In the office our ink and toners are also recycled.

We print on scrap paper if necessary

We recycle our electronic waste with E-waste management

We reuse any plastic bags we have on property

We buy biodegradable bags were necessary

Our restaurant on site, which we do not run but lease out refrain from purchasing individual cereal boxes and now purchase where possible in bulk - reducing waste!

### **Performance**

There is still more room for improvement with our waste program, but as a small budget property our efforts have afforded us to save, especially on our skip removals.

### **Targets and Objectives**

For 2024, Ensure we have recycling bins for plastic, paper and glass in each guest room.



### **HAZARDOUS SUBSTANCES REPORTS**

#### Overview

From a Health and Safety perspective, it is important for us to know what our Hazardous Substances are and how they are kept and discarded. It eliminates the potential for accidents, it improves the quality of our air and surroundings, and it communicates to our employees, guests and partners that our hotel cares!

#### **Actions Taken**

Record the types of hazardous substances we use on property

Have a list of each Hazardous substance HSDS

Create a H+S team and provide each with a copy of the HSDS.

Disinfectants should be used conservatively. We have identified the areas that need to be disinfected and created a standard procedure to minimize the use of disinfectants. Areas that should be disinfected: touch points, areas where a spill of bodily fluids has happened. Areas that do not commonly need to be disinfected: Floors and Walls.

Provide all of our cleaning staff and maintenance team with personal protective equipment is used as per the requirement on the label of each Hazardous Substance..

### **Performance**

We have reduces our hotel supply costs with purchasing a less hazardous substances.

We use more all purpose cleaners.

We use vinegar to clean many of our guest rooms and bathroom mirrors etc vs. the usual window cleaners.

### **Targets and Objectives**

Reduce the quantity of hotel products by a further 5% 2024.



## LOCAL COMMUNITY, SOCIAL & CULTURAL REPORTS

### **Overview**

Worthing Court Apartment Hotel is committed to working with our community. We recognize the importance of the impacts of our business, our staff and our neighbourhood. We commit that our business will have a positive impact for our local community.

#### **Actions Taken**

Donated items to the Variety Club via our Pack for a Purpose program.

Donated \$880 worth of fans to Harrison Point for the Covid-19 facility.

Our Suppliers and customers are also aware of our initiatives as we post all of our policies and community reports on our website! https://www.worthingcourt.com/news/2-uncategorised/27-sustainability-report.html

#### **Performance**

Donated over 120 pounds of items to the variety club even during the pandemic months.

### **Targets and Objectives**

Continue to support our local charity and bring more awareness to our area by engaging in any activities that support the local community. Whether it be a clean up campaign in the gap or participate in any program that brings awareness to the area.





### **PROGRESS REPORT FOR 2021 VS 2022**

Overall Worthing Court Apartment Hotel has been able to reduce their energy and water consumption per room usage, though prices have soared. This is still a huge achievement for us, especially as we are a small budget hotel, anywhere we can save will help us!

Worthing Court Apartment Hotel has resurfaced after the devastation in tourism following the COVID-19 pandemic. We had a relatively quiet year in Tourism, however our efforts were focused on assisting the Government of Barbados and the Ministry of Health in providing accommodation for persons who were in need of quarantining. By doing this we were able to provide jobs for our staff, operate and cover our overheads and assist our community by ensuring we provided accommodation to locals and tourists who needed to isolate themselves from their positive COVID-19 relatives, which contributed to lowering the risk of spreading the virus.

Moving forward, we do expect that the rise of inflation in 2022 and onwards would directly impact the way people spend their money, which may in turn affect the numbers of tourists coming to our hotel as we are always perceived as an expensive destination. So we are looking at other ways of cutting costs, so we can operate at a more competitive level and one way we are looking to do this is by investing in Renewable Energy sources like Solar Panels that generate electricity.

Our company understands that we can impact our community by providing support to our social and cultural projects, so we aim to contribute to the Aunty Ogla foundation, through our Pack for a purpose program, 4 times a year. In addition, we also aim to host a training program every quarter for our staff to give them an opportunity to engage and participate in a relaxed group environment, which would continue to develop a well rounded team and boost employee morale.